

**GOVERNMENT COLLEGE OF NURSING, GSVM  
CAMPUS KANPUR**

**REPORT  
WORLD DIABETIC DAY**

**THEME- "Breaking Barriers, Bridging gaps"**



**- PRINCIPAL  
COLLEGE OF NURSING  
KANPUR**

## **REPORT ON WORLD DIABETES DAY 2024**

### **BY COLLEGE OF NURSING KANPUR**

Diabetes Mellitus (DM) is a group of metabolic disorders characterized by chronic high blood sugar levels (hyperglycaemia) due to defects in insulin secretion, insulin action, or both. Insulin, a hormone produced by the pancreas, regulates blood sugar. Without proper management, diabetes can lead to serious complications.

World Diabetes Day is observed annually on November 14th to raise awareness about diabetes and its impact on global health. It was established in 1991 by the International Diabetes Federation (IDF) and the World Health Organization (WHO) in response to the growing concerns about diabetes-related health issues. The theme for **World Diabetes Day 2024** focuses on "**Breaking Barriers, Bridging gaps**" and raising awareness about the importance of early diagnosis, prevention, and equitable access to treatment.

Diabetes mellitus is very important metabolic disorder. Thus, Medical Surgical Nursing department of Government college of nursing has organised World Diabetes Day for OPD patients by students of 3<sup>rd</sup> Semester B.Sc. Nursing as a part of raising awareness among people.

#### **Objective of the Programme**

1. To raise awareness regarding diabetes mellitus among people.
2. To promote prevention by encouraging healthy life styles.
3. To advocate for access to affordable and adequate diabetic care.
4. To highlight the need for continued research to improve treatments.

#### **General information about the Programme**

**Date:** 14.11.2024

**Time:** 8 am to 9am

**Venue:** Medicine OPD, LLR Hospital and Medical College, Kanpur

**Chief Guest:** Dr. Saurabh Agarwal, Professor (General Medicine) GSVM medical college, Kanpur

**Event Co-ordinators:** Mrs Nisha Yadav, Tutor, college of Nursing, Kanpur

**Conveyors:** 1. Dr. Naveena J.H, Principal, College of nursing, Kanpur.

**Organizing team:** Mrs. Nisha Yadav, Nursing Tutor, College of nursing, Kanpur

**Participants:** 3<sup>rd</sup> Semester B.Sc. Nursing students (36), College of nursing, Kanpur.

1<sup>st</sup> Year M.sc Nursing students (2), college of nursing, Kanpur.

#### **Description of the programme**

14 November 2024 was celebrated as **World Diabetes Day**. As this year's theme "**Breaking Barriers, Bridging gaps**" was set with the goal of reducing the risk of diabetes and ensuring early diagnosis and prevention. Programme's such as role play was performed to aware and educate the common people on '**Diabetes**', its sign and symptoms and preventive

  
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measures. Posters and slogans were made and displayed to spread awareness among the general public. These posters were based on the different clinical manifestations and causes/ risk factors for Diabetes Mellitus. It also included preventive steps to be taken by the diabetic patients.

### GLIMPSE OF THE EVENT

